



















PRO calm | treatment chart

	double cleanse	resurfacing	deep treatment	touch therapy	dermal layering	home care
skin concern	<ol style="list-style-type: none"> 1. Use Micellar Prebiotic PreCleanse for first cleanse. 2. Perform Face Mapping. 3. UltraCalming Cleanser for second cleanse remove with soft aesthetic wipes or cotton wool pads. 	<p>Optional (if skin can tolerate):</p> <ol style="list-style-type: none"> 1. Dispense Daily Milkfoliant into cup with water and mix to a foamy consistency. 2. Add a few drops of Calming Botanical Mixer. Apply to the skin with a fan masque brush and gently massage on the skin. 3. Remove with damp aesthetic wipes, cotton wool pads or cloth. 	<ol style="list-style-type: none"> 1. Apply UltraCalming Serum Concentrate and use specific iontophoresis or ultrasonic tool to help penetrate the serum Power down: For heat in skin use cool stones or jade roller over serum. 2. Select Professional Masques based upon level of inflammation. 3. Remove masque with a cool steamed towel or soft cotton wool pads or cloth. 	<p>Choose Touch Therapy based on inflammation level:</p> <p>Lymphatic clearing – rosacea, allergy and puffy skin, heat in the skin. *Performed at the end of service.</p> <p>Pressure point – general sensitivity.</p> <p>Scalp relief – ideal for high levels of stress or when you want to reduce touch on face due to touch sensitivity.</p>	<ol style="list-style-type: none"> 1. Spritz skin specific toner. 2. Apply UltraCalming Serum Concentrate. 3. Apply skin specific moisturiser. 4. Finish with a physical sunscreen for UV protection. 	
mild redness slight flushing blushing in the cheeks	 <p>Micellar Prebiotic PreCleanse UltraCalming Cleanser</p>	 <p>Daily Milkfoliant</p>	 <p>UltraCalming Serum Concentrate Colloidal Masque Base</p>	 <p>Soothing Additive</p>	 <p>Skin specific toner UltraCalming Serum Concentrate Calm Water Gel or Barrier Repair</p>	 <p>UltraCalming Cleanser UltraCalming Serum Concentrate Calm Water Gel or Stabilizing Repair Cream</p>
moderate discomfort constant redness complaints of water stinging when cleansing or light weight products stinging potential itching dehydration, flakiness and areas of dryness	 <p>Micellar Prebiotic PreCleanse UltraCalming Cleanser</p>	 <p>Daily Milkfoliant</p>	 <p>UltraCalming Serum Concentrate Colloidal Masque Base Cooling Contour Masque</p>	 <p>Soothing Additive</p>	 <p>Skin specific toner UltraCalming Serum Concentrate Stabilizing Repair Cream Optional: Super Rich Repair</p>	 <p>UltraCalming Cleanser UltraCalming Serum Concentrate Stabilizing Repair Cream</p>
advanced discomfort warm to the touch red, visibly irritated skin persistent itching, irritation, dehydration and dryness	 <p>Micellar Prebiotic PreCleanse UltraCalming Cleanser</p>	 <p>Daily Milkfoliant</p>	 <p>UltraCalming Serum Concentrate Colloidal Masque Base Clinical Oatmeal Masque</p>	 <p>Soothing Additive</p>	 <p>Skin specific toner UltraCalming Serum Concentrate Stabilizing Repair Cream</p>	 <p>UltraCalming Cleanser UltraCalming Serum Concentrate Stabilizing Repair Cream</p>